

PEGASUS COMMUNITY
PROJECT

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SPRING 2017

THE FIRST EVER
PIFF
PEGASUS
INSPIRATIONAL
FILM
FESTIVAL

FILMS WRITTEN BY, MADE BY &
STARRING PEGASUS ADULT DAY
PROGRAM PARTICIPANTS

Date October 26th 2017
6pm - 8pm
Location: Imagine Cinemas Market
Square 80 Front St. East, at Jarvis,
Toronto, ON

See back page for details and how to order tickets.

Matty Eckler/Pape

The Matty Eckler group has had a great summer. We went on a Go Train trip which was a ton of fun. We also attended the Exhibition, Fringe theatre and the Multicultural Fest at Harbourfront. Participating in Zoo to You again this year was a riot. We participated in the annual bocce tournament but sadly did not win. Despite the rain during our lunch, we all had a good time! Although summer is over, we are looking forward to more exciting adventures and programs in the months to come.



Beaches

Again this summer our group has been maintaining the gardens outside our community centre. We love making sure that the flowers are taken care of and we are helping to make BRC a welcoming environment.

This summer we helped organize group walks (OK, really Naomi did the organizing, we just went along for the ride). We went to the Exhibition and, of course, had a great time at Zoo to You.



Phoenix

As always, we moved our program to Kingston Road United church for the summer to make room at CC55 for camps. And, as always, KRU welcomed us and made us feel at home. They even let us host Zoo to You in the basement! We invited our friends from the other programs and everyone had a blast. Thank you to Jen F who said a beautiful thank you to the Zoo to You staff.

We visited the Exhibition and went out for a group lunch to King's Diner on Kingston Road. Really great restaurant and food!

Phoenix has been working on making healthy meals for our lunch program and using unique ingredients and super foods. The group grew their own herbs for our lunch program at the church. We went to Hockey Hall Of Fame where Stephen and Leo rubbed the Stanley cup in hopes to give our Leafs some luck this upcoming season.

We went to Snakes and Lattes and enjoyed some delicious drinks and board games with the other Pegasus programs.

We went to Michaels for an envelope making class and now can make envelopes with our handmade cards.

The Sparkles program now makes necklaces and bracelets and are selling them for \$5.00. Place your orders now and be apart of "Gifts that give back".

SH Armstrong

WE WON! WE WON! Yes, SHA is finally victorious at the annual bocce tournament and picnic. Even the rain during lunch could not dampen our spirits. We proudly display the trophy in our room if anyone wants to see it.

We have also been so lucky to have massage students come and do treatments for us. We have thoroughly enjoyed every minute of it and it inspired us to pamper ourselves even more with our own spa days at program. SHA also had dental hygiene students come by to teach us how important it is to have good oral hygiene. A big shout out to the students at Sutherland Chan School of Massage and Toronto College of Dental Hygiene and Auxiliaries Inc for volunteering their time for us!

That's not it, we also participated in Zoo to You, went to Ripley's Aquarium, Exhibition and enjoyed some board games fun at Snakes and Lattes with all the other location at Pegasus. We love hanging out with our friends from Beaches, Phoenix, and Pape!



Save the Dates!

Closures

Staff training day—Friday October 6th

Thanksgiving Monday—Monday October 9th

Christmas Break—Monday December 25th—Monday January 1st

Events

Kingston Road Village Fall Fest —Saturday September 30th

Scotia Bank Waterfront Marathon Cheering Section—Sunday October 22nd

PIFF—Pegasus Inspirational Film Festival—Thursday October 26th

Pegasus Annual General Meeting—Wednesday November 29th

Goodbye and thank you!!!

Dan McLeod, former owner of Freshco at Victoria Park and Gerrard, decided his time had come to retire. Mr. McLeod has been one of our biggest supporters, not only donating food items for our annual picnic but also supporting Participants to volunteer and work in his store. His community-minded & generous nature will be sorely missed and we wish him nothing but an enjoyable retirement!

AJ, Todd and Dan wish
Mr. McLeod a very
happy
retirement. All three
men work at Freshco



Pegasus Community Project

Annual General Meeting

Wednesday November 29, 2017 @ 7 pm

Loblaws community room—Victoria Park & Gerrard Ave